

# June 2021

## Montage Ridge - Assisted Living

# July 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>
6:30 TV Mass for the Homebound, Channel 12 10:00 Morning Stretches and Coffee Chats, Living Room 1:30 Beading, Vitality Room 2:30 In-House Communion and Worship with Bear Valley, Living Room 3:30 Afternoon Tea, Vitality Room 3:30 Walking Club, Front Desk 6:30 Movie Night, Living Room	10:00 Chair Yoga, Vitality Room 10:00 Music Appreciation, Living Room <b>1:30 We've Always Been Here: Pride Presentation and Discussion with Jenn, Living Room</b> 1:30 Devotional and Hymn Sing, Country Kitchen <b>2:30 Guest Musician: Leonard Barrett, Living Room</b> 3:30 StrongerU Senior Fitness Cardio Class, Living Room 3:30 Game Club, Country Kitchen 6:30 Movie Night, Living Room	9:00 Scenic Drive, Front Desk 10:00 Puzzle Mania, Country Kitchen 10:30 Walking Club, Front Desk 1:30 Newsworthy, Living Room 1:30 Documentary Showing, Vitality Room 2:00 Joe Wiggins Travelogue, Living Room 3:30 StrongerU Senior Fitness Strength Class, Living Room 3:30 Crafternoon with Jenn, Vitality Room 6:30 Movie Night, Living Room	9:00 King Soopers Outing, Front Desk 10:00 Chair Exercises, Living Room 1:30 Crafting with L'Alice, Vitality Room 2:30-3:30 Treat Cart, Room Service 2:30 StrongerU Senior Fitness Cardio Class, Living Room 3:30 Brain Teaser Trivia, Living Room 3:30 Technology 101, Vitality Room 6:30 Happy Hour, Vitality Room 6:30 Movie Night, Living Room	10:00 Gardening and Walking Club, Vitality Room 1:30 Cooking Club and Afternoon Stretches, Vitality Room 1:30 TED Talk, Living Room 2:30 Bingo, Country Kitchen 3:30 Word Games and Ten Items on a Tray, Country Kitchen 6:30 Movie Night, Living Room 6:30 Game Night, Country Kitchen	10:00 Glamour Hour and Morning Coffee, Vitality Room 1:30 Chair Yoga, Living Room 1:30 Friday Matinee, Vitality Room 2:30 StrongerU Senior Fitness Strength Class, Living Room 3:30 Brain Teaser Trivia, Vitality Room 3:30 Music Appreciation, Living Room 6:30 Yahtzee, Vitality Room	10:00 Morning Stretches and Bingo, Country Kitchen 1:30 Vitality Cart, Room Service 1:30 Documentary Showing, Living Room 2:30 Chair Exercises, Vitality Room 3:30 Around the World, Living Room 6:30 Evening Crafts, Vitality Room 6:30 Movie Night, Living Room

Subject to change. See daily schedule for details.

# July 2021

## Montage Ridge - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<p><b>Happy 4th of July!</b></p> <p>6:30 TV Mass for the Homebound, Channel 12</p> <p>10:00 Morning Stretches and Coffee Chats, Living Room</p> <p>1:30 Beading, Vitality Room</p> <p>1:30 Virtual Firework Showing, Living Room</p> <p><b>2:30 Guest Musicians: Front Porch Singers Duo, Front Porch</b></p> <p>3:30 Afternoon Tea, Vitality Room</p> <p>3:30 Walking Club, Front Desk</p> <p>6:30 Movie Night, Living Room</p>	<p>10:30 Chair Yoga, Living Room</p> <p><b>1:30 Resident Council Meeting, Living Room</b></p> <p>2:30 StrongerU Senior Fitness Cardio Class, Living Room</p> <p>2:30 Documentary Showing, Vitality Room</p> <p>3:30 Music Appreciation, Living Room</p> <p>6:30 Movie Night, Living Room</p>	<p>9:00 Scenic Drive, Front Desk</p> <p>10:00 Puzzle Mania, Country Kitchen</p> <p>10:30 Walking Club, Front Desk</p> <p>1:30 Newsworthy, Living Room</p> <p>1:30 Devotional and Hymn Sing, Country Kitchen</p> <p><b>2:30 Cooking Demo with Anna, Living Room</b></p> <p>3:30 StrongerU Senior Fitness Strength Class, Living Room</p> <p>3:30 Crafternoon with Jenn, Vitality Room</p> <p>6:30 Movie Night, Living Room</p>	<p>9:00 Dollar Tree Outing, Front Desk</p> <p>10:00 Chair Exercises, Living Room</p> <p>1:30 Crafting with L'Alice, Vitality Room</p> <p>2:30-3:30 Treat Cart, Room Service</p> <p>2:30 StrongerU Senior Fitness Cardio Class, Living Room</p> <p>3:30 Brain Teaser Trivia, Living Room</p> <p>3:30 Technology 101, Vitality Room</p> <p>6:30 Happy Hour, Vitality Room</p> <p>6:30 Movie Night, Living Room</p>	<p>10:00 Gardening and Walking Club, Vitality Room</p> <p>1:30 Cooking Club and Afternoon Stretches, Vitality Room</p> <p>1:30 Documentary Showing, Living Room</p> <p><b>2:30 Guest Musician: Harris and Harris Duo, Living Room</b></p> <p>3:30 Word Games and Ten Items on a Tray, Country Kitchen</p> <p>6:30 Movie Night, Living Room</p> <p>6:30 Game Night, Country Kitchen</p>	<p>10:00 Glamour Hour and Morning Coffee, Vitality Room</p> <p>1:30 Chair Yoga, Living Room</p> <p>1:30 Friday Matinee, Vitality Room</p> <p>2:30 StrongerU Senior Fitness Strength Class, Living Room</p> <p>3:30 Brain Teaser Trivia, Vitality Room</p> <p>3:30 Music Appreciation, Living Room</p> <p>6:30 Yahtzee, Vitality Room</p>	<p>10:00 Morning Stretches and Bingo, Country Kitchen</p> <p>1:30 Vitality Cart, Room Service</p> <p>1:30 Documentary Showing, Living Room</p> <p>2:15 Step In Style Dance Performance, Front Porch</p> <p>2:30 Chair Exercises, Vitality Room</p> <p>3:30 Around the World, Living Room</p> <p>6:30 Evening Crafts, Vitality Room</p> <p>6:30 Movie Night, Living Room</p>

Subject to change. See daily schedule for details.

# July 2021

## Montage Ridge - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
10:00 Morning Walks with Tara, Front Desk  10:00 Virtual Church Service with Bear Valley Church, Living Room  1:30 Beading, Vitality Room  2:30 Afternoon Tea with Dianne, Vitality Room  3:30 Chair Yoga, Vitality Room  6:30 Paint and Sip with Jenn, Vitality Room  6:30 Movie Night, Living Room	10:00 StrongerU Stretch Class, Living Room  1:30 StrongerU Cardio Class, Living Room  1:30 Wheel of Fortune, Vitality Room  2:30 Menu Chat with Anna, Living Room  2:30 Documentary Showing, Vitality Room  3:30 Music Appreciation, Living Room  6:30 Storytelling and Book Club, Vitality Room  6:30 Movie Night, Living Room	10:00 Puzzle Mania, Country Kitchen  10:30 Walking Club, Front Desk  1:30 Newsworthy, Living Room  1:30 Devotional and Hymn Sing, Country Kitchen  2:30 Scenic Drive with Mike, Front Desk  3:30 StrongerU Strength Class, Living Room  3:30 Crafternoon with Jenn, Vitality Room  6:30 Bingo Night, Vitality Room  6:30 Movie Night, Living Room	9:00 Walmart Outing, Front Desk  10:00 Let's Golf, Living Room  1:30 Crafting with L'Alice, Vitality Room  1:30 Activity Committee, Living Room  <b>2:30 Guest Musician: Rick Iracki, Living Room</b>  3:30 StrongerU Stretch Class, Living Room  3:30 Brain Teaser Trivia, Living Room  6:30 Happy Hour, Vitality Room  6:30 Movie Night, Living Room	10:00 Gardening and Walking Club, Courtyard  1:30 Cooking Club, Vitality Room  1:30 Documentary Showing, Living Room  2:30 StrongerU Strength Class, Vitality Room  <b>2:30 New Resident Social Hour, Living Room</b>  3:30 Word Games and Ten Items on a Tray, Country Kitchen  6:30 Movie Night, Living Room  6:30 Game Night, Country Kitchen	10:00 Glamour Hour and Morning Coffee, Vitality Room  10:00 StrongerU Stretch Class, Living Room  1:30 Technology 101, Living Room  1:30 Friday Matinee, Vitality Room  2:30 StrongerU Cardio Class, Living Room  2:30 July Journaling, Vitality Room  3:30 Brain Teaser Trivia, Vitality Room  3:30 Music Appreciation, Living Room  6:30 Yahtzee, Vitality Room	10:00 Walking Club, Front Desk  1:30 Bingo, Country Kitchen  1:30 Documentary Showing, Living Room  2:30 Chair Yoga, Vitality Room  3:30 Around the World, Living Room  6:30 Evening Crafts, Vitality Room  6:30 Movie Night, Living Room

Subject to change. See daily schedule for details.

# July 2021

## Montage Ridge - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
10:00 Morning Walks with Tara, Front Desk 1:30 Beading and Afternoon Stretches, Vitality Room <b>2:30 In-Person Worship Service with Bear Valley Church, Living Room</b> 3:30 Afternoon Tea with Dianne, Vitality Room 6:30 Paint and Sip with Jenn, Vitality Room 6:30 Movie Night, Living Room	10:00 StrongerU Stretch Class, Living Room <b>1:30 Care Concern Meeting, Living Room</b> 1:30 StrongerU Cardio Class, Vitality Room <b>2:30 Guest Musician: Marlene Schermerhorn, Living Room</b> 2:30 Documentary Showing, Vitality Room 3:30 Music Appreciation, Living Room 6:30 Storytelling and Book Club, Vitality Room 6:30 Movie Night, Living Room	10:00 Puzzle Mania, Country Kitchen 10:30 Walking Club, Front Desk 1:30 Newsworthy, Living Room 1:30 Devotional and Hymn Sing, Country Kitchen 2:30 Scenic Drive with Mike, Front Desk 2:30 Chair Yoga, Living Room 3:30 Crafternoon with Jenn, Vitality Room 6:30 Bingo Night, Vitality Room 6:30 Movie Night, Living Room	9:00 King Soopers, Front Desk 10:00 Let's Golf, Living Room 1:30 Crafting with L'Alice, Vitality Room 2:30 Wheel of Fortune, Living Room 2:30 Technology 101, Vitality Room 3:30 StrongerU Stretch Class, Living Room 3:30 Brain Teaser Trivia, Living Room 6:30 Happy Hour, Vitality Room 6:30 Movie Night, Living Room	10:00 Gardening and Walking Club, Courtyard 1:30 Cooking Club, Vitality Room 1:30 Documentary Showing, Living Room 2:30 July Journaling, Vitality Room 2:30 StrongerU Strength Class, Living Room 3:30 Word Games and Ten Items on a Tray, Country Kitchen 6:30 Movie Night, Living Room 6:30 Game Night, Country Kitchen	10:00 Glamour Hour and Morning Coffee, Vitality Room 10:00 Morning Walking Club, Front Desk 1:30 Friday Matinee, Vitality Room 1:30 Chair Yoga, Living Room <b>2:30 July Birthday Celebrations and Guest Musician: Big Jim, Living Room</b> 3:30 Brain Teaser Trivia, Vitality Room 6:30 Yahtzee, Vitality Room	10:00 Walking Club, Front Desk 1:30 Chair Yoga with L'Alice, Vitality Room <b>1:30 2020 Olympic Games Opening Ceremony, Living Room</b> 2:30 Documentary Showing, Living Room 2:30 Bingo, 3rd Floor Country Kitchen 3:30 Around the World, Living Room 6:30 Evening Crafts, Vitality Room 6:30 Movie Night, Living Room

Subject to change. See daily schedule for details.

# July 2021

## Montage Ridge - Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
10:00 Morning Walks with Tara, Front Desk 10:00 Virtual Church Service with Bear Valley Church, Living Room 1:30 Beading, Vitality Room 2:30 Afternoon Tea with Dianne, Vitality Room 3:30 Chair Yoga, Vitality Room 6:30 Paint and Sip with Jenn, Vitality Room 6:30 Movie Night, Living Room	10:00 Walking Club, Front Desk 1:30 Lemonade on the Porch with Tara, Front Porch 2:30 Wheel of Fortune, Vitality Room 2:30 Documentary Showing, Vitality Room 3:30 Name That Tune, Living Room 6:30 Storytelling and Book Club, Library 6:30 Movie Night, Living Room	10:00 Puzzle Mania, Country Kitchen 10:00 Scenic Drive with Mike, Front Desk 1:00 Devotional and Hymn Sing, Country Kitchen 1:30 Newsworthy, Living Room 2:30 Walking Club, Front Desk 3:30 Olympic Games: Golfing, Living Room 3:30 Crafternoon with Jenn, Vitality Room 6:30 Bingo Night, Vitality Room 6:30 Movie Night, Living Room	9:00 Dollar Tree Outing, Front Desk 1:30 Crafting with L'Alice, Vitality Room 2:30 Chair Yoga, Living Room 3:30 Brain Teaser Trivia, Living Room 3:30 Olympic Games: Bean Bag Toss, Living Room 6:30 Happy Hour, Library 6:30 Movie Night, Living Room	10:00 Gardening and Walking Club, Courtyard 1:30 Cooking Club, Vitality Room 1:30 Documentary Showing, Living Room <b>2:30 Guest Musician: Joe Armetta, Living Room</b> 3:30 Olympic Games: Ring Toss, Living Room 3:30 Word Games and Ten Items on a Tray, Country Kitchen 6:30 Movie Night, Living Room 6:30 Game Night, Library	10:00 Glamour Hour, Vitality Room 1:30 Olympic Games: Bean Bag Toss, Living Room 1:30 Friday Matinee, Vitality Room 2:30 Chair Yoga, Living Room 2:30 July Journaling, Vitality Room 3:30 Brain Teaser Trivia, Vitality Room 6:30 Yahtzee, Library	10:00 Lemonade on the Porch, Front Porch 1:30 Bingo, Country Kitchen 1:30 Documentary Showing, Living Room 2:30 Chair Yoga, Vitality Room 3:30 Around the World, Living Room 6:30 Evening Crafts, Vitality Room 6:30 Movie Night, Living Room

Type the name, address, and other information about your community/company here.